



Y GADWYN

(The Link)

News of the Toronto Welsh Community

January/ Ionawr 2016

Happy New Year!

As I write this greeting for the January 2016 Gadwyn, it is extremely cold outside.

Gone are the balmy days that made Christmas Eve 2015 so unusual.

We are all now bundled up for -25 F weather, dealing with the post holiday return to school and work.

I hope you all had a happy and healthy Christmas.

Now in the church, we move into the season of Epiphany which means the manifestation of Christ.

It can be understood as the human, physical form of God, born to us in the Messiah Jesus.

We celebrate this birth each year at Christmas,

Epiphany is also a time when we celebrate the light of the world as evidenced through Jesus but also as the star which led the wise men to the manger.

We have an opportunity as followers of Christ, to be a light in the world for others.

May we demonstrate what Christianity is by our actions and caring for others,

Bendithion, Blessings

Rev Anne

✈ The Boarding on Flight 2016 has been announced..... Your luggage should only contain the best souvenirs from 2015.... The bad and sad moments should be left in the garbage.....
 The duration of the flight will be 12 months. So, tighten your seat belt The next stop-overs will be Health, Love, Joy, Harmony, well-being and Peace
 The captain offers you the following menu which will be served during the flight..... A Cocktail of Friendship A Supreme of Health A Gratin of Prosperity
 A Bowl of Excellent News A salad of Success A Cake of Happiness
 All accompanied by bursts of laughter... Wishing you and your family an enjoyable trip on board of flight 2016..... Before I End,
 Let Me Thank All The Good People Like You ,Who Made 2015 Beautiful For Me.
 I Pray You be Blessed With Faithful Years ahead.

Ram Bajaj

~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*

A Poem

'Twas the week after Christmas, and all through the house, Nothing would fit me, not even a blouse.
 The cookies I'd nibbled, the eggnog I'd taste at the holiday parties had gone to my waist.
 When I got on the scales there arose such a number! When I walked to the store (less a walk than a lumber).
 I'd remember the marvelous meals I'd prepared; the gravies and sauces and beef nicely rared,
 The wine and the rum balls, the bread and the cheese and the way I'd never said, "No thank you, please."
 As I dressed myself in my husband's old shirt, And prepared once again to do battle with dirt
 I said to myself, as I only can, "You can't spend a winter disguised as a man!"
 So away with the last of the sour cream dip, Get rid of the fruit cake, every cracker and chip.
 Every last bit of food that I like must be banished, "Till all the additional ounces have vanished.
 I won't have a cookie - not even a lick. I'll want only to chew on a long celery stick.
 I won't have hot biscuits, or corn bread, or pie, I'll munch on a carrot and quietly cry.
 I'm hungry, I'm lonesome, and life is a bore, But isn't that what January is for?
 Unable to giggle, no longer a riot. Happy New Year to all and to all a good diet!

Lynette Jenkins.

Looking forward and pre planning!

OUR 2016 Dewi Sant Christmas Sale - we are hoping to improve our Jewelry sales. To this end - please will you go through your jewelry boxes and see if you have anything you could donate. We would also like jewelry gift

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Apparently the White House referred to Christmas Trees as Holiday Trees for the first time this year which prompted CBS presenter, Steven Levy, to present this piece which I would like to share with you. I think it applies just as much to many countries as it does to America.

(A little sanity please) **Only hope we find GOD again before it is too late!!**

The following was written by Steven Levy and recited by him on CBS Sunday Morning Commentary.

My confession:

I don't like getting pushed around for being a Jew, and I don't think Christians like getting pushed around for being Christians. I think people who believe in God are sick and tired of getting pushed around, period. I have no idea where the concept came from, that America is an explicitly atheist country. I can't find it in the Constitution and I don't like it being shoved down my throat...

Or maybe I can put it another way: where did the idea come from that we should worship celebrities and we aren't allowed to worship God as we understand Him? I guess that's a sign that I'm getting old, too. But there are a lot of us who are wondering where these celebrities came from and where the America we knew went to.

In light of the many jokes we send to one another for a laugh, this is a little different: This is not intended to be a joke; it's not funny, it's intended to get you thinking.

In light of recent events... terrorists attack, school shootings, etc.. I think it started when Madeleine Murray O'Hare (she was murdered, her body found a few years ago) complained she didn't want prayer in our schools, and we said OK. Then someone said you better not read the Bible in school... The Bible says thou shalt not kill; thou shalt not steal, and love your neighbor as yourself. And we said OK.

Then Dr. Steven Benjamin Spock said we shouldn't spank our children when they misbehave, because their little personalities would be warped and we might damage their self-esteem (Dr. Spock's son committed suicide). We said an expert should know what he's talking about.. And we said okay..

Now we're asking ourselves why our children have no conscience, why they don't know right from wrong, and why it doesn't bother them to kill strangers, their classmates, and themselves.

Probably, if we think about it long and hard enough, we can figure it out. I think it has a great deal to do with 'WE REAP WHAT WE SOW.'

Funny how simple it is for people to trash God and then wonder why the world's going to hell. Funny how we believe what the newspapers say, but question what the Bible says. Funny how you can send 'jokes' through e-mail and they spread like wildfire, but when you start sending messages regarding the Lord, people think twice about sharing. Funny how lewd, crude, vulgar and obscene articles pass freely through cyberspace, but public discussion of God is suppressed in the school and workplace.

Are you laughing yet?

Funny how when you forward this message, you will not send it to many on your address list because you're not sure what they believe, or what they will think of you for sending it.

Funny how we can be more worried about what other people think of us than what God thinks of us.

Pass it on if you think it has merit.

If not, then just discard it... no one will know you did. But, if you discard this thought process, don't sit back and complain about what bad shape the world is in.

Frances Silburn.

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DEWI SANT LUNCH BUNCH

A very successful Christmas Party was held on December 1st. Our numbers of attendees were down, but all who attended had a good time. Thanks to all the elves, (Lynette, Rita, Betty and Gareth) who helped decorate festive tables and wrap gifts. Special thanks to Mabel and Barry Hastings for acting out a comedy skit on stage - really good sports, and our After-Party-Kitchen-Helpers.

It is with regret that the current committee of Lunch Bunch will be resigning after the June meeting in 2016. We look forward to hearing from anyone who might be willing to continue with this worthwhile project. Please call Lynette Jenkins at 416-281-8758 or email her at lynettej@scaw.org if you are interested.

Our programme for 2016 is:

5th April - representative from the Ann Johnston Health Centre

3rd May - representative from the Canadian Hearing Society

7th June - end of season summer party.

We thank all our participants for their enthusiasm, help and appreciation during the programmes we have offered. It has been a fun time for the committee as well.

Gaynor McConnell

A huge thank you from all of us. The Lunch Bunch has been a delight. It is sad to say farewell, but those who have worked so hard need a well earned rest. If anyone has an idea of what we can do to replace the Lunch

Namaste to you all:

For the last 2 weeks in January of next year, I will be going to Kolkata (Calcutta) in India, as part of a 6-person team with "**Sleeping Children Around The World**". As you all know, this charity has been a passion of mine for the past 25 years and it is an honour and privilege to be travelling to help 5,000 Indian children on this, my 17th trip. I thank you all for your encouragement and support over the years and hope that if you go to the SCAW website while we are away - you will be able to follow our adventures. Just go to www.scaw.org, then "Live Reports Blog" then "Kolkata". You will get a daily blog (internet connections all being well...) with a report, photos and videos of what we are up to. You can also send us words of "comfort and joy" and believe me, the encouragement will be **MUCH** appreciated. (THANKS to those of you who have done this in the past!)

Also, if you are wondering what to get that person or family who has EVERYTHING for a Christmas or birthday gift - could you/would you consider giving a bedkit? I could then be part of the team delivering YOUR gift to a needy child half a world away. This is a gift of "one size fits all" and PERFECT for the donor, recipient and especially the child in question. Just a thought... and if you are interested (and I know many of you have already said you would help) please go to our website - www.scaw.org - and donate on line. (Please mention that you would like the kit to go to Kolkata with me). It would then be my privilege to personally deliver your gift. late

I hope you are all well and thanks for making the time to read my message.

Hugs, **Lynette.**

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SMILES

I dialed a number and got the following recording: "I am not available right now, but Thank you for caring enough to call. I am making some changes in my life Please leave a message after the Beep. If I do not return your call, You are one of the changes."

My wife and I had words, But I didn't get to use mine.!

Frustration is trying to find your glasses without your glasses. The irony of life is that, by the time You're old enough to know your way around, you're not going anywhere I was always taught to respect my elders, But it keeps getting harder to find one!

Lee Griffiths

WE touched base in 2013 concerning a book I had published on Kindle and it is now in paperback from Amazon. All the proceeds are going to **Child Line** and it is inexpensive.

The story starts with Nell born in 1900 in North Wales. There are other Welsh stories.....I have to market it myself and need all the help I can get. I would appreciate your support. Kind regards **Elizabeth Williams**
!!"One Hundred Years of Childhood Innocence"

Thought for the Day

Brains of older people are slow because they know so much. People do not decline mentally with age, it just takes them longer to recall facts because they have so much information to sort through. Much like a computer struggles as the hard drive gets full, so, too, do humans take longer to access information when their brains are full.

Researchers say this slowing down process is not the same as cognitive decline. The human brain works slower in old age, said Dr. Michael Ramscar, but only because we have stored more information over time. The brains of older people do not get weak. On the contrary, they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, but rather nature's way of making people do more exercise.

SO THERE! Now when I reach for a word or a name I won't excuse myself by saying, "I'm having a senior moment." Now, I'll say, "**My disk is full!**"

Phyllis Dennis

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### Gotta love it.

A group of senior women were sitting around talking about all their ailments at a cafe. "My arms have got so weak I can hardly lift this cup of coffee," said one. "Yes, I know," said another. "My cataracts are so bad; can't even see my coffee." "I couldn't even mark an "X" at election time because my hands are so crippled," volunteered a third. "What? Speak up! What? I can't hear you," said one elderly lady! "I can't turn my head because of the arthritis in my neck," said one, to which several nodded weakly in agreement. "My blood pressure pills make me so dizzy!" exclaimed another. "I forget where I am and where I'm going," said another. "I guess that's the price we pay for getting old," winced an old man as he slowly shook his head. The others nodded in agreement. "Well, count your Blessings," said a woman cheerfully.. **"Thank God we can all still drive."**

**Ann Dayes**

### Come Join Us in Ottawa

The Board of the Ontario Welsh Festival wishes you all a very happy new year and reminds all readers of Y Gadwyn that it is time to mark the date of this year's Festival in your brand new calendars. Ottawa will be the location in 2016 and the date is April 22-24 (note that is a week earlier than usual). Reserved your room at the Lord Elgin Hotel yet? If you are not familiar with our capital city, you will be thrilled that our hotel is so very central, and convenient for all landmarks such as the Parliament Buildings, Byward Market, the Rideau, and several galleries. Ottawa is a pedestrian friendly city and the Board is extremely excited that it is the venue of this year's Festival. Côrddydd, a prize-winning mixed choir from Cardiff, will be our guests. I guarantee that you will be delighted with them. And who will join them? None other than the Three Welsh Tenors! If you attended the North American Festival of Wales in The Royal York a couple of years ago you will have already fallen in love with these superb singers. And not only are they wonderful singers, they are such fun! The concert and the Gymanfa sessions will be held at the Dominion Chalmers, an easy walk from the hotel. However there will be a shuttle for those who prefer to ride. Another change this year will be a Celebration Luncheon rather than the usual Banquet on Saturday. During the Luncheon we will hold the Gold Award Ceremony in recognition of a person who has contributed to the Welsh community in Ontario. Don't forget that you can put forward the name of someone you consider suitable for this Award. Parents and grandparents, please bring your young ones to participate in Awr y Plant. Get in touch with Hefina at [hefina@cogeco.ca](mailto:hefina@cogeco.ca) She would love to hear from you. Mary Muckle of Ottawa will be holding a harp playing seminar. Watch this space for more information! Dr Paul Birt of Ottawa University will talk about Patagonia's recent Sesquicentennial. This is going to be a fantastic weekend. You really don't want to miss it. Take the first step by reserving your hotel room now! The number is 1-800-916-4339. Check their website for more information about room choices. Something to look forward to as we shiver in the cold of January and February. Blwyddyn Newydd Dda i chi, bawb.

**Hefina Phillips**

### **New Year Customs in Wales.**

#### Calennig.

The ancient custom of calennig can trace its roots back to the middle ages and is still active in some areas of Wales today. Children would go from house to house, singing rhymes and wishing the occupants a healthy and prosperous new year. In exchange for this goodwill they would receive money, food or the calennig apple, which is an apple standing on a tripod of twigs and decorated with holly.

### Just Musing!

Before middle age do not fear! After middle age—do not regret! Enjoy your life while you can. As long as it is physically possible visit places you wish. When there is an opportunity visit old classmates, old colleagues and, old friends. When it is time to spend, just spend, treat yourself as you are getting old. Whatever you feel like eating, just eat it. It is. It is most important to keep yourself happy. Treat sickness with optimism, whether you are rich or poor.

Don't be afraid or worried when you are sick .Let the doctors handle your body, God handle your life, BUT be in charge of your own moods.

Our kids make their own future and fortune. Your old friends –seize every moment, every opportunity to meet them. Such opportunities will grow rare as time goes by. Every day you must smile and laugh. Life ends when you stop Dreaming. Hope ends when you stop Believing. Love ends when you stop Caring. Friendship ends when you stop Sharing. The nicest place to be is in someone's thoughts. The safest place to be is in someone's prayers, and the very best place to be is—in the hands of God. Myfanwy




### **Gadwyn Donations**

*Bill Davies, Laverne Horner, Brian and Joan Hughes, John Jenkins,  
Amy and Percy Jordan, Anne Joans, Joan Mathews, Dr. Megan Wynne McKee,  
Margaret Nowell, Myfanwy Williams-Owen.  
Sincere thanks. Your contributions are gratefully received.*

### **CONTACT US:**

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Dewi SantWelsh United Church: 416-485-7583 or email: [info@dewisant.com](mailto:info@dewisant.com)

# FEBRUARY 2016

| Sunday                                                                                                                                                   | Monday                                                                                                               | Tuesday                    | Wednesday                                | Thursday                                                           | Friday | Saturday               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------------------|--------------------------------------------------------------------|--------|------------------------|
|                                                                                                                                                          | 1                                                                                                                    | 2                          | 3<br>7 pm TWMVC                          | 4<br>NO BIBLE STUDY                                                | 5      | 6<br>2 pm Hope Church  |
|                                                                                                                                                          |                                                                                                                      | Rev. Anne away on vacation |                                          |                                                                    |        |                        |
| 7<br><b>Transfiguration</b><br>11 am Communion<br>2 pm Hope Church                                                                                       | 8<br>Rev. Anne returns                                                                                               | 9<br><b>Shrove Tuesday</b> | 10<br><b>Ash Wednesday</b><br>7 pm TWMVC | 11<br>10 am<br>Bible Study &<br>Discussion Group<br><b>RESUMES</b> | 12     | 13<br>2 pm Hope Church |
| 14 <b>Lent 1</b> <br>11 am Worship<br>Stewards Meet<br>2 pm Hope Church | 15 <b>Family Day</b><br>            | 16                         | 17<br>7 pm TWMVC                         | 18<br>10 am<br>Bible Study &<br>Discussion Group                   | 19     | 20<br>2 pm Hope Church |
| 21 <b>Lent 2</b><br><b>SPECIAL MUSIC SUNDAY</b><br>11 am Worship<br>Session Meets<br>2 pm Hope Church                                                    | 22                                                                                                                   | 23                         | 24<br>7 pm TWMVC                         | 25<br>10 am<br>Bible Study &<br>Discussion Group                   | 26     | 27<br>2 pm Hope Church |
| 28 <b>Lent 3</b><br><b>St. David's Day</b><br>11 am Worship<br>2 pm Hope Church<br>7 pm Welsh Service<br>Rev. M. Simpson<br>Rev. Milton Jenkins          | 29<br><b>HAPPY LEAP YEAR!</b><br> |                            |                                          |                                                                    |        |                        |





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*In light of the many jokes we send to one another for a laugh, this is a little different: This is not intended to be a joke; it's not funny, it's intended to get you thinking.*

*In light of recent events... terrorists attack, school shootings, etc.. I think it started when Madeleine Murray O'Hare (she was murdered, her body found a few years ago) complained she didn't want prayer in our schools, and we said OK. Then someone said you better not read the Bible in school... The Bible says thou shalt not kill; thou shalt not steal, and love your neighbor as yourself. And we said OK.*

*Then Dr. Steven Benjamin Spock said we shouldn't spank our children when they misbehave, because their little personalities would be warped and we might damage their self-esteem (Dr. Spock's son committed suicide). We said an expert should know what he's talking about.. And we said okay..*

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Hugs, **Lynette.**

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Don't be afraid or worried when you are sick .Let the doctors handle your body, God handle your life, BUT be in charge of your own moods.

Our kids make their own future and fortune. Your old friends –seize every moment, every opportunity to meet them. Such opportunities will grow rare as time goes by. Every day you must smile and laugh. Life ends when you stop Dreaming. Hope ends when you stop Believing. Love ends when you stop Caring. Friendship ends when you stop Sharing. The nicest place to be is in someone's thoughts. The safest place to be is in someone's prayers, and the very best place to be is—in the hands of God. Myfanwy




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*Bill Davies, Laverne Horner, Brian and Joan Hughes, John Jenkins,
Amy and Percy Jordan, Anne Joans, Joan Mathews, Dr. Megan Wynne McKee,
Margaret Nowell, Myfanwy Williams-Owen.
Sincere thanks. Your contributions are gratefully received.*

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FEBRUARY 2016

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|----------------------------|--|--|--------|------------------------|
| | 1 | 2 | 3
7 pm TWMVC | 4
NO BIBLE STUDY | 5 | 6
2 pm Hope Church |
| | Rev. Anne away on vacation | | | | | |
| 7
Transfiguration
11 am Communion
2 pm Hope Church | 8
Rev. Anne returns | 9
Shrove Tuesday | 10
Ash Wednesday
7 pm TWMVC | 11
10 am
Bible Study &
Discussion Group
RESUMES | 12 | 13
2 pm Hope Church |
| 14 Lent 1 
11 am Worship
Stewards Meet
2 pm Hope Church | 15 Family Day
 | 16 | 17
7 pm TWMVC | 18
10 am
Bible Study &
Discussion Group | 19 | 20
2 pm Hope Church |
| 21 Lent 2
SPECIAL MUSIC SUNDAY
11 am Worship
Session Meets
2 pm Hope Church | 22 | 23 | 24
7 pm TWMVC | 25
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Bible Study &
Discussion Group | 26 | 27
2 pm Hope Church |
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St. David's Day
11 am Worship
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Rev. M. Simpson
Rev. Milton Jenkins | 29
HAPPY LEAP YEAR!
 | | | | | |



Y GADWYN

(The Link)

News of the Toronto Welsh Community

January/ Ionawr 2016

Happy New Year!

As I write this greeting for the January 2016 Gadwyn, it is extremely cold outside.

Gone are the balmy days that made Christmas Eve 2015 so unusual.

We are all now bundled up for -25 F weather, dealing with the post holiday return to school and work.

I hope you all had a happy and healthy Christmas.

Now in the church, we move into the season of Epiphany which means the manifestation of Christ.

It can be understood as the human, physical form of God, born to us in the Messiah Jesus.

We celebrate this birth each year at Christmas,

Epiphany is also a time when we celebrate the light of the world as evidenced through Jesus but also as the star which led the wise men to the manger.

We have an opportunity as followers of Christ, to be a light in the world for others.

May we demonstrate what Christianity is by our actions and caring for others,

Bendithion, Blessings

Rev Anne

✈ The Boarding on Flight 2016 has been announced..... Your luggage should only contain the best souvenirs from 2015.... The bad and sad moments should be left in the garbage.....
 The duration of the flight will be 12 months. So, tighten your seat belt The next stop-overs will be Health, Love, Joy, Harmony, well-being and Peace
 The captain offers you the following menu which will be served during the flight..... A Cocktail of Friendship A Supreme of Health A Gratin of Prosperity
 A Bowl of Excellent News A salad of Success A Cake of Happiness
 All accompanied by bursts of laughter... Wishing you and your family an enjoyable trip on board of flight 2016..... Before I End,
 Let Me Thank All The Good People Like You ,Who Made 2015 Beautiful For Me.
 I Pray You be Blessed With Faithful Years ahead.

Ram Bajaj

~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*

A Poem

'Twas the week after Christmas, and all through the house, Nothing would fit me, not even a blouse.
 The cookies I'd nibbled, the eggnog I'd taste at the holiday parties had gone to my waist.
 When I got on the scales there arose such a number! When I walked to the store (less a walk than a lumber).
 I'd remember the marvelous meals I'd prepared; the gravies and sauces and beef nicely rared,
 The wine and the rum balls, the bread and the cheese and the way I'd never said, "No thank you, please."
 As I dressed myself in my husband's old shirt, And prepared once again to do battle with dirt
 I said to myself, as I only can, "You can't spend a winter disguised as a man!"
 So away with the last of the sour cream dip, Get rid of the fruit cake, every cracker and chip.
 Every last bit of food that I like must be banished, "Till all the additional ounces have vanished.
 I won't have a cookie - not even a lick. I'll want only to chew on a long celery stick.
 I won't have hot biscuits, or corn bread, or pie, I'll munch on a carrot and quietly cry.
 I'm hungry, I'm lonesome, and life is a bore, But isn't that what January is for?
 Unable to giggle, no longer a riot. Happy New Year to all and to all a good diet!

Lynette Jenkins.

Looking forward and pre planning!

OUR 2016 Dewi Sant Christmas Sale - we are hoping to improve our Jewelry sales. To this end - please will you go through your jewelry boxes and see if you have anything you could donate. We would also like jewelry gift

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Apparently the White House referred to Christmas Trees as Holiday Trees for the first time this year which prompted CBS presenter, Steven Levy, to present this piece which I would like to share with you. I think it applies just as much to many countries as it does to America.

(A little sanity please) **Only hope we find GOD again before it is too late!!**

The following was written by Steven Levy and recited by him on CBS Sunday Morning Commentary.

My confession:

I don't like getting pushed around for being a Jew, and I don't think Christians like getting pushed around for being Christians. I think people who believe in God are sick and tired of getting pushed around, period. I have no idea where the concept came from, that America is an explicitly atheist country. I can't find it in the Constitution and I don't like it being shoved down my throat...

Or maybe I can put it another way: where did the idea come from that we should worship celebrities and we aren't allowed to worship God as we understand Him? I guess that's a sign that I'm getting old, too. But there are a lot of us who are wondering where these celebrities came from and where the America we knew went to.

In light of the many jokes we send to one another for a laugh, this is a little different: This is not intended to be a joke; it's not funny, it's intended to get you thinking.

In light of recent events... terrorists attack, school shootings, etc.. I think it started when Madeleine Murray O'Hare (she was murdered, her body found a few years ago) complained she didn't want prayer in our schools, and we said OK. Then someone said you better not read the Bible in school... The Bible says thou shalt not kill; thou shalt not steal, and love your neighbor as yourself. And we said OK.

Then Dr. Steven Benjamin Spock said we shouldn't spank our children when they misbehave, because their little personalities would be warped and we might damage their self-esteem (Dr. Spock's son committed suicide). We said an expert should know what he's talking about.. And we said okay..

Now we're asking ourselves why our children have no conscience, why they don't know right from wrong, and why it doesn't bother them to kill strangers, their classmates, and themselves.

Probably, if we think about it long and hard enough, we can figure it out. I think it has a great deal to do with 'WE REAP WHAT WE SOW.'

Funny how simple it is for people to trash God and then wonder why the world's going to hell. Funny how we believe what the newspapers say, but question what the Bible says. Funny how you can send 'jokes' through e-mail and they spread like wildfire, but when you start sending messages regarding the Lord, people think twice about sharing. Funny how lewd, crude, vulgar and obscene articles pass freely through cyberspace, but public discussion of God is suppressed in the school and workplace.

Are you laughing yet?

Funny how when you forward this message, you will not send it to many on your address list because you're not sure what they believe, or what they will think of you for sending it.

Funny how we can be more worried about what other people think of us than what God thinks of us.

Pass it on if you think it has merit.

If not, then just discard it... no one will know you did. But, if you discard this thought process, don't sit back and complain about what bad shape the world is in.

Frances Silburn.

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DEWI SANT LUNCH BUNCH

A very successful Christmas Party was held on December 1st. Our numbers of attendees were down, but all who attended had a good time. Thanks to all the elves, (Lynette, Rita, Betty and Gareth) who helped decorate festive tables and wrap gifts. Special thanks to Mabel and Barry Hastings for acting out a comedy skit on stage - really good sports, and our After-Party-Kitchen-Helpers.

It is with regret that the current committee of Lunch Bunch will be resigning after the June meeting in 2016. We look forward to hearing from anyone who might be willing to continue with this worthwhile project. Please call Lynette Jenkins at 416-281-8758 or email her at lynettej@scaw.org if you are interested.

Our programme for 2016 is:

5th April - representative from the Ann Johnston Health Centre

3rd May - representative from the Canadian Hearing Society

7th June - end of season summer party.

We thank all our participants for their enthusiasm, help and appreciation during the programmes we have offered. It has been a fun time for the committee as well.

Gaynor McConnell

A huge thank you from all of us. The Lunch Bunch has been a delight. It is sad to say farewell, but those who have worked so hard need a well earned rest. If anyone has an idea of what we can do to replace the Lunch

Namaste to you all:

For the last 2 weeks in January of next year, I will be going to Kolkata (Calcutta) in India, as part of a 6-person team with "**Sleeping Children Around The World**". As you all know, this charity has been a passion of mine for the past 25 years and it is an honour and privilege to be travelling to help 5,000 Indian children on this, my 17th trip. I thank you all for your encouragement and support over the years and hope that if you go to the SCAW website while we are away - you will be able to follow our adventures. Just go to www.scaw.org, then "Live Reports Blog" then "Kolkata". You will get a daily blog (internet connections all being well...) with a report, photos and videos of what we are up to. You can also send us words of "comfort and joy" and believe me, the encouragement will be **MUCH** appreciated. (THANKS to those of you who have done this in the past!)

Also, if you are wondering what to get that person or family who has EVERYTHING for a Christmas or birthday gift - could you/would you consider giving a bedkit? I could then be part of the team delivering YOUR gift to a needy child half a world away. This is a gift of "one size fits all" and PERFECT for the donor, recipient and especially the child in question. Just a thought... and if you are interested (and I know many of you have already said you would help) please go to our website - www.scaw.org - and donate on line. (Please mention that you would like the kit to go to Kolkata with me). It would then be my privilege to personally deliver your gift. late

I hope you are all well and thanks for making the time to read my message.

Hugs, **Lynette.**

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SMILES

I dialed a number and got the following recording: "I am not available right now, but Thank you for caring enough to call. I am making some changes in my life Please leave a message after the Beep. If I do not return your call, You are one of the changes."

My wife and I had words, But I didn't get to use mine.!

Frustration is trying to find your glasses without your glasses. The irony of life is that, by the time You're old enough to know your way around, you're not going anywhere I was always taught to respect my elders, But it keeps getting harder to find one!

Lee Griffiths

WE touched base in 2013 concerning a book I had published on Kindle and it is now in paperback from Amazon. All the proceeds are going to **Child Line** and it is inexpensive.

The story starts with Nell born in 1900 in North Wales. There are other Welsh stories.....I have to market it myself and need all the help I can get. I would appreciate your support. Kind regards **Elizabeth Williams**

!!"One Hundred Years of Childhood Innocence"

Thought for the Day

Brains of older people are slow because they know so much. People do not decline mentally with age, it just takes them longer to recall facts because they have so much information to sort through. Much like a computer struggles as the hard drive gets full, so, too, do humans take longer to access information when their brains are full.

Researchers say this slowing down process is not the same as cognitive decline. The human brain works slower in old age, said Dr. Michael Ramscar, but only because we have stored more information over time. The brains of older people do not get weak. On the contrary, they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, but rather nature's way of making people do more exercise.

SO THERE! Now when I reach for a word or a name I won't excuse myself by saying, "I'm having a senior moment." Now, I'll say, "**My disk is full!**"

Phyllis Dennis

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### Gotta love it.

A group of senior women were sitting around talking about all their ailments at a cafe. "My arms have got so weak I can hardly lift this cup of coffee," said one. "Yes, I know," said another. "My cataracts are so bad; can't even see my coffee." "I couldn't even mark an "X" at election time because my hands are so crippled," volunteered a third. "What? Speak up! What? I can't hear you," said one elderly lady! "I can't turn my head because of the arthritis in my neck," said one, to which several nodded weakly in agreement. "My blood pressure pills make me so dizzy!" exclaimed another. "I forget where I am and where I'm going," said another. "I guess that's the price we pay for getting old," winced an old man as he slowly shook his head. The others nodded in agreement. "Well, count your Blessings," said a woman cheerfully. "Thank God we can all still drive."

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# FEBRUARY 2016

| Sunday                                                                                                                                          | Monday                                                                                                               | Tuesday                    | Wednesday                         | Thursday                                                     | Friday | Saturday               |
|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------------|--------------------------------------------------------------|--------|------------------------|
|                                                                                                                                                 | 1                                                                                                                    | 2                          | 3<br>7 pm TWMVC                   | 4<br>NO BIBLE STUDY                                          | 5      | 6<br>2 pm Hope Church  |
|                                                                                                                                                 |                                                                                                                      | Rev. Anne away on vacation |                                   |                                                              |        |                        |
| 7<br><b>Transfiguration</b><br>11 am Communion<br>2 pm Hope Church                                                                              | 8<br>Rev. Anne returns                                                                                               | 9<br>Shrove Tuesday        | 10<br>Ash Wednesday<br>7 pm TWMVC | 11<br>10 am Bible Study & Discussion Group<br><b>RESUMES</b> | 12     | 13<br>2 pm Hope Church |
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**Frances Silburn.**

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Also, if you are wondering what to get that person or family who has EVERYTHING for a Christmas or birthday gift - could you/would you consider giving a bedkit? I could then be part of the team delivering YOUR gift to a needy child half a world away. This is a gift of "one size fits all" and PERFECT for the donor, recipient and especially the child in question. Just a thought... and if you are interested (and I know many of you have already said you would help) please go to our website - [www.scaw.org](http://www.scaw.org) - and donate on line. (Please mention that you would like the kit to go to Kolkata with me). It would then be my privilege to personally deliver your gift. late

I hope you are all well and thanks for making the time to read my message.

Hugs, **Lynette.**

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Hefina Phillips

New Year Customs in Wales.

Calennig.

The ancient custom of calennig can trace its roots back to the middle ages and is still active in some areas of Wales today. Children would go from house to house, singing rhymes and wishing the occupants a healthy and prosperous new year. In exchange for this goodwill they would receive money, food or the calennig apple, which is an apple standing on a tripod of twigs and decorated with holly.

Just Musing!

Before middle age do not fear! After middle age—do not regret! Enjoy your life while you can. As long as it is physically possible visit places you wish. When there is an opportunity visit old classmates, old colleagues and, old friends. When it is time to spend, just spend, treat yourself as you are getting old. Whatever you feel like eating, just eat it. It is. It is most important to keep yourself happy. Treat sickness with optimism, whether you are rich or poor.

Don't be afraid or worried when you are sick .Let the doctors handle your body, God handle your life, BUT be in charge of your own moods.

Our kids make their own future and fortune. Your old friends –seize every moment, every opportunity to meet them. Such opportunities will grow rare as time goes by. Every day you must smile and laugh. Life ends when you stop Dreaming. Hope ends when you stop Believing. Love ends when you stop Caring. Friendship ends when you stop Sharing. The nicest place to be is in someone's thoughts. The safest place to be is in someone's prayers, and the very best place to be is—in the hands of God. Myfanwy




Gadwyn Donations

*Bill Davies, Laverne Horner, Brian and Joan Hughes, John Jenkins,
Amy and Percy Jordan, Anne Joans, Joan Mathews, Dr. Megan Wynne McKee,
Margaret Nowell, Myfanwy Williams-Owen.
Sincere thanks. Your contributions are gratefully received.*

CONTACT US:

Myfanwy Bajaj, Editor. Email: Myfanwy@rogers.com
Dewi SantWelsh United Church: 416-485-7583 or email: info@dewisant.com

FEBRUARY 2016

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|----------------------------|--|--|--------|------------------------|
| | 1 | 2 | 3
7 pm TWMVC | 4
NO BIBLE STUDY | 5 | 6
2 pm Hope Church |
| | | Rev. Anne away on vacation | | | | |
| 7
Transfiguration
11 am Communion
2 pm Hope Church | 8
Rev. Anne returns | 9
Shrove Tuesday | 10
Ash Wednesday
7 pm TWMVC | 11
10 am
Bible Study &
Discussion Group
RESUMES | 12 | 13
2 pm Hope Church |
| 14 Lent 1 
11 am Worship
Stewards Meet
2 pm Hope Church | 15 Family Day
 | 16 | 17
7 pm TWMVC | 18
10 am
Bible Study &
Discussion Group | 19 | 20
2 pm Hope Church |
| 21 Lent 2
SPECIAL MUSIC SUNDAY
11 am Worship
Session Meets
2 pm Hope Church | 22 | 23 | 24
7 pm TWMVC | 25
10 am
Bible Study &
Discussion Group | 26 | 27
2 pm Hope Church |
| 28 Lent 3
St. David's Day
11 am Worship
2 pm Hope Church
7 pm Welsh Service
Rev. M. Simpson
Rev. Milton Jenkins | 29
HAPPY LEAP YEAR!
 | | | | | |



Y GADWYN

(The Link)

News of the Toronto Welsh Community

January/ Ionawr 2016

Happy New Year!

As I write this greeting for the January 2016 Gadwyn, it is extremely cold outside.

Gone are the balmy days that made Christmas Eve 2015 so unusual.

We are all now bundled up for -25 F weather, dealing with the post holiday return to school and work.

I hope you all had a happy and healthy Christmas.

Now in the church, we move into the season of Epiphany which means the manifestation of Christ.

It can be understood as the human, physical form of God, born to us in the Messiah Jesus.

We celebrate this birth each year at Christmas,

Epiphany is also a time when we celebrate the light of the world as evidenced through Jesus but also as the star which led the wise men to the manger.

We have an opportunity as followers of Christ, to be a light in the world for others.

May we demonstrate what Christianity is by our actions and caring for others,

Bendithion, Blessings

Rev Anne

✈ The Boarding on Flight 2016 has been announced..... Your luggage should only contain the best souvenirs from 2015.... The bad and sad moments should be left in the garbage.....
 The duration of the flight will be 12 months. So, tighten your seat belt The next stop-overs will be Health, Love, Joy, Harmony, well-being and Peace
 The captain offers you the following menu which will be served during the flight..... A Cocktail of Friendship A Supreme of Health A Gratin of Prosperity
 A Bowl of Excellent News A salad of Success A Cake of Happiness
 All accompanied by bursts of laughter... Wishing you and your family an enjoyable trip on board of flight 2016..... Before I End,
 Let Me Thank All The Good People Like You ,Who Made 2015 Beautiful For Me.
 I Pray You be Blessed With Faithful Years ahead.

Ram Bajaj

~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*

A Poem

'Twas the week after Christmas, and all through the house, Nothing would fit me, not even a blouse.
 The cookies I'd nibbled, the eggnog I'd taste at the holiday parties had gone to my waist.
 When I got on the scales there arose such a number! When I walked to the store (less a walk than a lumber).
 I'd remember the marvelous meals I'd prepared; the gravies and sauces and beef nicely rared,
 The wine and the rum balls, the bread and the cheese and the way I'd never said, "No thank you, please."
 As I dressed myself in my husband's old shirt, And prepared once again to do battle with dirt
 I said to myself, as I only can, "You can't spend a winter disguised as a man!"
 So away with the last of the sour cream dip, Get rid of the fruit cake, every cracker and chip.
 Every last bit of food that I like must be banished, "Till all the additional ounces have vanished.
 I won't have a cookie - not even a lick. I'll want only to chew on a long celery stick.
 I won't have hot biscuits, or corn bread, or pie, I'll munch on a carrot and quietly cry.
 I'm hungry, I'm lonesome, and life is a bore, But isn't that what January is for?
 Unable to giggle, no longer a riot. Happy New Year to all and to all a good diet!

Lynette Jenkins.

Looking forward and pre planning!

OUR 2016 Dewi Sant Christmas Sale - we are hoping to improve our Jewelry sales. To this end - please will you go through your jewelry boxes and see if you have anything you could donate. We would also like jewelry gift

.....

Apparently the White House referred to Christmas Trees as Holiday Trees for the first time this year which prompted CBS presenter, Steven Levy, to present this piece which I would like to share with you. I think it applies just as much to many countries as it does to America.

(A little sanity please) **Only hope we find GOD again before it is too late!!**

The following was written by Steven Levy and recited by him on CBS Sunday Morning Commentary.

My confession:

I don't like getting pushed around for being a Jew, and I don't think Christians like getting pushed around for being Christians. I think people who believe in God are sick and tired of getting pushed around, period. I have no idea where the concept came from, that America is an explicitly atheist country. I can't find it in the Constitution and I don't like it being shoved down my throat...

Or maybe I can put it another way: where did the idea come from that we should worship celebrities and we aren't allowed to worship God as we understand Him? I guess that's a sign that I'm getting old, too. But there are a lot of us who are wondering where these celebrities came from and where the America we knew went to.

In light of the many jokes we send to one another for a laugh, this is a little different: This is not intended to be a joke; it's not funny, it's intended to get you thinking.

In light of recent events... terrorists attack, school shootings, etc.. I think it started when Madeleine Murray O'Hare (she was murdered, her body found a few years ago) complained she didn't want prayer in our schools, and we said OK. Then someone said you better not read the Bible in school... The Bible says thou shalt not kill; thou shalt not steal, and love your neighbor as yourself. And we said OK.

Then Dr. Steven Benjamin Spock said we shouldn't spank our children when they misbehave, because their little personalities would be warped and we might damage their self-esteem (Dr. Spock's son committed suicide). We said an expert should know what he's talking about.. And we said okay..

Now we're asking ourselves why our children have no conscience, why they don't know right from wrong, and why it doesn't bother them to kill strangers, their classmates, and themselves.

Probably, if we think about it long and hard enough, we can figure it out. I think it has a great deal to do with 'WE REAP WHAT WE SOW.'

Funny how simple it is for people to trash God and then wonder why the world's going to hell. Funny how we believe what the newspapers say, but question what the Bible says. Funny how you can send 'jokes' through e-mail and they spread like wildfire, but when you start sending messages regarding the Lord, people think twice about sharing. Funny how lewd, crude, vulgar and obscene articles pass freely through cyberspace, but public discussion of God is suppressed in the school and workplace.

Are you laughing yet?

Funny how when you forward this message, you will not send it to many on your address list because you're not sure what they believe, or what they will think of you for sending it.

Funny how we can be more worried about what other people think of us than what God thinks of us.

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Amy and Percy Jordan, Anne Joans, Joan Mathews, Dr. Megan Wynne McKee,  
Margaret Nowell, Myfanwy Williams-Owen.  
Sincere thanks. Your contributions are gratefully received.*

### **CONTACT US:**

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# FEBRUARY 2016

| Sunday                                                                                                                                                   | Monday                                                                                                               | Tuesday                    | Wednesday                            | Thursday                                                           | Friday | Saturday               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------------------|--------------------------------------------------------------------|--------|------------------------|
|                                                                                                                                                          | 1                                                                                                                    | 2                          | 3<br>7 pm TWMVC                      | 4<br>NO BIBLE STUDY                                                | 5      | 6<br>2 pm Hope Church  |
|                                                                                                                                                          |                                                                                                                      | Rev. Anne away on vacation |                                      |                                                                    |        |                        |
| 7<br><b>Transfiguration</b><br>11 am Communion<br>2 pm Hope Church                                                                                       | 8<br>Rev. Anne returns                                                                                               | 9<br>Shrove<br>Tuesday     | 10<br>Ash<br>Wednesday<br>7 pm TWMVC | 11<br>10 am<br>Bible Study &<br>Discussion Group<br><b>RESUMES</b> | 12     | 13<br>2 pm Hope Church |
| 14 <b>Lent 1</b> <br>11 am Worship<br>Stewards Meet<br>2 pm Hope Church | 15 <b>Family Day</b><br>            | 16                         | 17<br>7 pm TWMVC                     | 18<br>10 am<br>Bible Study &<br>Discussion Group                   | 19     | 20<br>2 pm Hope Church |
| 21 <b>Lent 2</b><br><b>SPECIAL MUSIC</b><br><b>SUNDAY</b><br>11 am Worship<br>Session Meets<br>2 pm Hope Church                                          | 22                                                                                                                   | 23                         | 24<br>7 pm TWMVC                     | 25<br>10 am<br>Bible Study &<br>Discussion Group                   | 26     | 27<br>2 pm Hope Church |
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