



# Y GADWYN

(The Link)

*News of the Toronto Welsh Community*

## Neges y Gweinidog From the Dewi Sant Church Pulpit

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From the Minister's Desk...

Summer is almost here! And with it come travel plans, time at the cottage, relaxing in our gardens, time at a beach or on a sunny patio under a shade-giving umbrella, time to catch up on those books we've mean meaning to read, time to do nothing or as little possible. What a precious and marvellous gift time can be! And as I grow older, at any rate, time becomes ever more precious and rare.

That is one of the reasons why I have decided to try retirement once more at the end of this summer – for the fourth of fifth time, by now. I shall leave Dewi Sant United Church with much regret, because I have loved every moment of my time with you. Rarely have I encountered a congregation that is as warmly welcoming as Dewi Sant. You have responded to my ministry with you, with enthusiasm and a wonderful eagerness to learn. You have helped me to become even more passionate about the liberating Gospel of Jesus Christ than I had been. And for this, I am immensely grateful to you. Always remember that it is God's church, not ours and not the individual minister's. You will remain in God's hands, whoever your new minister will be.

So now it is time to move on with my life. Perhaps I will even finish reading Marcel Proust's masterpiece *"In Search of Lost Time."* So far I have only managed the first 1200 pages or so. But there is much more: I want to be able to connect more closely with my family, especially my new grandson. I also want to find new ways of serving the wider church as we learn to be a Church in new and dramatically different ways.

After forty-nine years in ministry much has changed in the United Church. When I was ordained in 1964, we had just reached the peak in our membership. We were building new churches and planting new congregations at a great pace. Churches were full and Sunday Schools were packed. The Church still played a major prophetic role in the life of the nation, almost serving as its conscience. But those heady days are long gone and we need to learn to become church with much smaller expectations in terms of numbers – both in terms of membership and income. Instead, we need to learn to become a church with much greater expectations of faithfulness and trust in God. All too often, one has the sense that our churches are essentially private clubs with a private gospel. And so I have come to believe that we need to learn again how to make new disciples for Christ, how to invite others – who were once churchd and now are un-churched – to experience with us what it means to be part of the community of Christ.

Those are just some of the things I want to think about and do with my time in the future. I am immensely curious about the future and I look forward to participating in it. And I am confident that, as *A New Creed* of the United Church puts it, *in life, in death, in life beyond death, God is with us. We are not alone. Thanks are to God.*

**Your's faithfully and with much gratitude, love and many blessings ,Eilert Frerichs Interim Minister**

Good news at the beginning of y Gadwyn this time

**CONGRATULATIONS**

Many of our church members know Maria Monteiro, our loyal and long-time custodian of the church property. Recently her son, **Mario Monteiro**, a scientist and professor of chemistry at the University of Guelph, has been receiving attention for his work on a vaccine to help autistic children. The following excerpts have been taken from an article in the *Guelph Mercury* on April 26<sup>th</sup> of this year. ‘Scientist Mario Monteiro envisions a day when autistic children will suffer fewer symptoms of the debilitating illness through a vaccine he helped develop.....’I think that we are on the right track. We’re excited about this”.....Monteiro cautioned that it could take years for the vaccine to jump through the hurdles ahead, like human trials, before it is ready for market. He said that the new vaccine is a promising initial leap in the right direction scientifically. ‘This is really the first step’. ...‘Monteiro said it’s well known that autistic children suffer serious gut issues from the presence of bacteria not found in such high volumes in other individuals..... He works in a lab that focuses on stomach bugs like those associated with diarrhea..... It was through this work that Monterio became intrigued at the possible connection between gut microbes and autism. ... .Being a first step. Monteiro would like to move onto even more advanced autism vaccines that target not only one microbe but several at the same time for added effectiveness.’

News of the vaccine breakthrough was also reported in the National Post. We send to Mario our congratulations on the exciting work in which he is involved. Making a difference in the lives of autistic children is a hugely laudable goal. And to mama!!!!....You have every reason to feel enormously proud of your son...!!!!

**Betty Cullingworth**

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**GOOD NEWS.....CONGRATULATIONS!!**

Recently two children of the church attained significant educational milestones. Amira Christie, daughter of Myfanwy and Ram Bajaj, completed her Bachelor of Education degree at York University receiving at least an A in all her courses. Jennifer Evans, daughter of Pamela and Gareth Evans, completed her Bachelor of Arts degree (Honours) in Professional Writing also at York University. There is more exciting news from the Evans family. Daughter Stephanie is going to study in Paris for six months. What a marvelous opportunity to spend time in one of the world’s great cities. Enjoy every moment Stephanie! The congregation at DewiSant celebrates with these young women as they move along life’s path. We are so proud of them and send our heartiest congratulations at achieving their educational goals so successfully. Llongyfarchiadau!!

**Betty Cullingworth**

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**Joshua Leivo**

We want to share our good news with our friends at Dewi Sant. Our grandson **Joshua Leivo** has been signed to a three year entry level contract with the **Toronto Maple Leaf** organization. He has spent the last three years playing for the Sudbury Wolves and the Kitchener Rangers and is presently playing some games with the Toronto Marlies. We are very proud of him; he has worked hard to reach his goal.

**Wendy and Mike van der Voort.**







United Church Dewi Sant Welsh.

Dear Rev. Frerichs,

On behalf of the Ministers, Elders, members and friends of the Melbourne Welsh Church, it is my great pleasure to inform you of the 160<sup>th</sup> Anniversary of our Church, officially celebrated on July 21st this year.

Our Heritage listed Church has a very proud history within the development of Melbourne, having serviced its population since 1853, when land was granted to it by the local government.

The need for a Welsh Church was brought about by the swell of Welsh speaking miners to Victoria during the Gold Rushes of the 1850s and '60s. In fact, there were some 16 Welsh churches or chapels in Victoria before the turn of the 19<sup>th</sup> century. There now remain but 2 still operating as churches. The Melbourne Welsh Church, however, is one of a very few Welsh churches, outside of the United Kingdom, which still conducts services in the language of the principality. It is the only Welsh Church in the Pacific Basin that has a minister who conducts services in the Welsh language.

During this year of our 160<sup>th</sup> anniversary, we are holding two Gymanfa Ganu ( Service of Song ), publishing a book on the history of the Church, written by Dr. William Jones ( Deputy Head of History, Cardiff University ), and have invited Rev. T. Evan Morgan from Cardiff to lead our special Anniversary Service on July 21<sup>st</sup>.

As you can imagine, we of the Melbourne Welsh Church are extremely proud of our heritage and hope that you share in celebrating this wonderful milestone.

*Yn edrych ymlaen i ddatlu ein penblwydd arbennig ac am y dyfodol.*

**Yours Sincerely, Christine Boomsma Secretary Melbourne Welsh Church**

I am sure that you will all join me in hearty congratulations. It is so uplifting to see the Welsh traditions, and worship being carried on so far from our homeland. *Llongyfarchiadau i chi gyd.* Congratulations to all of you.

**Hwyl Myfanwy, Editor of Y Gadwyn, Dewi Sant Welsh United Church, Toronto.**

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How To Plant Your Garden

First, you come to the garden alone, while the dew is still on the roses

For the garden of daily living,, **plant three rows of Peas**

- 1) Peace of mind: 2) Peace of heart: 3) peace of soul.

**Plant four rows of squash** 1). Squash gossip: 2) Squash indifference: 3.) Squash grumbling: 4). Squash selfishness

**Plant four rows of Lettuce:**

- 1). Lettuce be faithful: 2) Lettuce be kind: 3). Lettuce be patient: 4. Lettuce really love one another

**No Garden without Turnips**

- 1). Turnip for meetings: 2.) Turnip for service: 3). Turnip to help one another

**TO CONCLUDE OUR GARDEN WE MUST HAVE THYME:**

- 1). Thyme for each other: 2 Thyme for family: 3). Thyme for friends

**WATER FREELY WITH PATIENCE AND CULTIVATE WITH LOVE.**

**THERE IS MUCH FRUIT IN YOUR GARDEN BECAUSE YOU REAP WHAT YOU SOW.**

Treasure Life!

**Betty Cullingworth**

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**LAS VEGAS**

Do Las Vegas Churches accept gambling chips?

This may come as a surprise to those of you not living in Las Vegas. There are more catholic churches than there are casinos!

Not surprisingly, many worshipers at a Sunday service will give casino chips rather than cash when the basket is passed around .

Since the chips come from many different casinos, the churches have devised a method to collect the offerings.

The churches send along l the collected chip to a nearby **FRANCISCAN MONASTERY** for sorting and then the chips are taken to casinos of origin and cashed.

**THIS IS DONE BY THE CHIP MONKS.**

**YOU DIDN'T EVEN SEE IT COMING DID YOU??**

**Frances Silburn**

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**O'r Gegin From the kitchen**

**\*Mabel's Sherry cake**

**Ingredients :**

"Golden Yellow" cake mix (Duncan Hines or Betty Crocker)

1 regular size instant vanilla pudding mix: 4 eggs: 2/3 cup oil: 2/3 cup Harvey's Bristol Cream sherry.

**Method:**

\_Pre-heat oven to 350 degrees: Mix all ingredients with an electric mixer until smooth (5 minutes)

\_Pour into a greased Bundt pan, Bake 50 - 60 minutes (or until a straw emerges clean when tested)

Invert onto a cake rack and remove from pan when fully cool.

Dust with icing sugar. Do not cut until fully cold. Enjoy- mmm \* **Mabel is Julie Andrews aunty**

**Lynnette Jenkins**

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**Now for a new recipe for a roast chicken from Wales**

**Ingredients**

Five and a half pound chicken!! One tablespoon of thyme: One tablespoon of fresh rosemary

75 grams of soft cheese: sea salt and black pepper.

**Method** \_Mix all the ingredients in a bowl. Make two sausage shapes out of the mixture. Put each sausage shape in under the two breast skins and flatten to spread it, gently with your hands.

Bake at the usual temperature that **you cook** .your chicken. In this recipe it says that the temperature should be 400 and cook for eighteen minutes per pound. Whoops, the chicken is **NOT** from Wales only the recipe!!!!

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Here is another tip. Last week I ordered a hamburger at a restaurant. I very seldom eat hamburgers. This one turner out to be really tasty

The chef had put a slice of brie on top of the hot hamburger and accompanied that, with slivers of tart green apple on the side.. The usual Condiments were also provided.

A glass of wine went down really well with this meal (Turtle Jack's)

**Myfanwy**

**Ladies** The way to prevent sagging is to eat 'till the wrinkles fall out!! (*Only trying to help!!*)

**To clean fruit and berries** *put them in a sink full of water and a cup of vinegar You will see the dirt, wax etc. come off. Dry them well and store in the refrigerator. They last much longer* **M**

## 2013 Tir na n-Og Awards Shortlist Announced



The Welsh Books Council has announced the titles on the shortlist of the prestigious Tir na n-Og Awards for 2013. Here are this year's shortlisted titles:

### **Best English-language Book Category**

*Friends at War* – Alan Lambert (Pont)

*The Gardening Pirates* – Ruth Morgan and Chris Glynn (Pont)

*Tree of Leaf and Flame* – Daniel Morden with illustrations by Brett Breckon (Pont)

### **Best Welsh-language Primary Category**

*Coed Du* (Cyfres Strach) – Gwenno Hughes (Gomer)

*Cynefin yr Ardd* – Bethan Wyn Jones and Iolo Williams (Gwasg Carreg Gwalch)

*Gelert yn Galw* (Cyfres Swigod) – Helen Emanuel Davies (Gomer)

### **Best Welsh-language Secondary Category**

*Dim* (Cyfres y Dderwen) – Dafydd Chilton (Y Lolfa)

*Y Gêmau Olympaidd a Champau'r Cymry* – Alun Wyn Bevan (Gomer)

*Pentre Saith* (Cyfres y Dderwen) – Ceri Elen (Y Lolfa)

The Tir na n-Og Awards were established in 1976 with the intention of raising the standards of children's and young people's books in Wales, and to encourage the buying and reading of good books. Awards are presented annually by the Books Council and are sponsored by the Chartered Institute of Library and Information Professionals Cymru/Wales and Cymdeithas Lyfrau Ceredigion.

Some other titles that you may wish to look into::

*My People Blimey* By Caradog Evans

*On A Moonlit Night* By Caradog Pritchard

*In Parenthesis* By David Jones

**For your information.** New e mail addresses Brian and Joan Hughes    [hughesbaif@gmail.com](mailto:hughesbaif@gmail.com).  
John and Pam Thomas, Sarnia    [Hiraeth@cogeco.ca](mailto:Hiraeth@cogeco.ca)

### **The St. David's Society**

The next function planned is a visit to the races at Woodbine on July 20<sup>th</sup>. This is a very long tradition a great afternoon out and is usually very well attended. For \$40 you get a buffet and the chance to place bets at leisure. and to socialize as a group. Please

make your cheques payable to the Saint David's Society of Toronto and give them to Myfanwy.

**March 1<sup>st</sup>** falls on a Saturday next year. So many asked us to book, Thornhill Golf Club again.

We are proposing a 60's theme and have the promise of a good Welsh singer. Although the food price has gone up a\$ we are still charging **\$75 per ticket** The menu is Welsh leek and potato broth, Mixed salad, Standing rib roast or salmon, with roast potatoes etc. We are having a traditional rice pudding!!! Tea, coffee and rolls. Other proposed activities, before March are as follows. Details will be posted in Y Gadwyn. Dress-60's style if you can!!!!!!!

**September**---Murder mystery and dinner.

**October**, a theatre visit

**December** Christmas dinner and entertainment. Also we are looking into a visit to a Pantomime at Port Hope. If this is a go we will car pool, with door to door service. In the New Year we will have more Welsh flavoured activities. (Keep your eye on this spot for further information. The Board members have individual task, so we will see some very good results.

**Myfanwy**

\*\*\*As you may already know The Saint David's Society of Toronto are sponsoring several workshops at the National Festival of Wales at the Hilton Hotel. They are also paying for about 10.000 Welsh cakes, to be made by us locally.\*\*\*

**Would all the ladies willing to partake in Welsh Cake bake offs please contact me.** Several of you have mentioned that you would like to do this as it will be a learning curve for some. I will be starting to gather my groups for this task early in August.

**Myfanwy**

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**In Loving Memory   Er Parchus Gof**

**John Hughes**

.John Hughes passed away at the age of 78. John was the creator of the **GROGGS**

He celebrated the making of the hand carved caricatures in 2005.

These caricatures gave pleasure to many people. I know that some of you here have got one of these precious items. Rest in peace John.

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**ATTORNEY:** What gear were you in at the moment of the impact? **WITNESS:** Gucci sweats and Reeboks.

**ATTORNEY:** What is your date of birth? **WITNESS:** July 18th. **ATTORNEY:** What year? **WITNESS:** Every year.!

**ATTORNEY:** This myasthenia gravis, does it affect your memory at all? **WITNESS:** Yes.

**ATTORNEY:** And in what ways does it affect your memory? **WITNESS:** I forget..

**ATTORNEY:** You forget? Can you give us an example of something you forgot?

**Lou Ann Shipp**

*(real dialog from a court reporters log)!*

### **Welsh orthography**

Welsh orthography uses 28 letters (including eight digraphs) of the Latin script to write native Welsh words as well as older loanwords.

The earliest samples of written Welsh date from the **6th century** and are in the Latin alphabet (see

Old Welsh). The orthography differs from that of modern Welsh particularly in the use of p, t and c to represent the voiced plosives /b, d, g/ in the middle and at the end of words. Similarly, the voiced fricatives /v, ð/ were written with b and d.





## WNAA WELSH NORTH AMERICAN ASSOCIATION CYMDEITHAS CYMRU GOGLEDD AMERICA

The Welsh community in Southern Ontario is delighted that Toronto was chosen as the host city for the 2013 North American Festival of Wales (NAFOW) sponsored by the Welsh North American Association (WNAA). This is an opportunity for us to showcase our city and to demonstrate with pride our support of our Welsh heritage.

The Festival is a wonderful celebration of Welsh culture and is an opportunity for bringing together those who are Welsh by birth or inclination from across North America. The WNAA has over 2800 members and 115 Affiliated Welsh Organizations. The Festival attendance in recent years has ranged from 550 to 850 and this year in Toronto, we hope to scale new heights in attendance.

Putting on such a Festival entails careful planning and requires considerable resources. The volunteer support to date has been generous and we look forward to the participation of many volunteers at our event. Financial resources are also necessary to ensure a quality event.

As a non-profit organization, the WNAA relies heavily on sponsorships and donations from our members and friends. In 2012, over 1/3 of all Festival income came from these sources. Without this money, the event would not be possible. Sponsorships are available for all elements of the Festival.

We take every opportunity to thank our sponsors for their support. Your name will appear on signage in the hotel, in the program book, on our website and in our quarterly newsletter, *Hwyl*. If you are an organization, we can provide a free table in our marketplace for your use.

If you have a particular event in the program that you would like to sponsor financially, you can specify that particular area. We also need funds for publicity and advertisements. By using these tools effectively, we will greatly enhance our ability to draw people to our Festival and help guarantee its success.

**Can you help?** For further information on how to become a sponsor or for specific sponsorship opportunities, please contact Betty Cullingworth. Email: [cullingwho@rogers.com](mailto:cullingwho@rogers.com) or Phone: 416-486-0432.

The website, [www.nafow.org](http://www.nafow.org), will give you a feel for the fun and bustle that makes the Festival so special to all who attend. Be sure to check it out!!

Betty Cullingworth (Toronto Venue Chair)