

Dewi Sant Welsh United Church

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Gair gan y Gweinidog A word from the Minister

Greetings to all Gadwyn readers at this special time of year.

We are now right in the middle of the festival of joy and goodwill, of smiling faces and expectation. Of snow on the ground, magic in the air and kindness being shown to one and all. **Or is it so, in reality?** Is this picture of Christmas just a fantasy given to us by film makers and store owners and people who wear rose-tinted glasses?

My message this month is dedicated to those who are not looking forward to Christmas, for whatever reason they may have. Some will spend their Holiday in hospital or in a Nursing Home, alone and confused. Others will only be able to recall happier times, spent with children, family and friends who are no longer around. In war-torn areas of the world Christmas Day will come and go without the children realizing its significance. The same is true of the starving millions. I am not trying to put you off your enjoyment at this time of year, but I am asking you to consider that not everyone has the same reasons for rejoicing, the same opportunities to make the most of the festivities. Think of them. There are some living not too far away from you right now. Pray for them, show them you care.

I went to Nathan Philips Square a few days ago to see the Festive Lights. They are a sight to behold! So bright are the lights they drown all the other surrounding lights. I have noticed since moving to Toronto that I no longer see stars, because of the city lights. Let's hope that the bright lights of Christmas in the streets where you live do not drown the light of the Star that once led Wise Men to the Stable and millions after them to bow down at the manger to praise the Lord of Hosts.

I wish you all the joys of Festival of the Nativity, for all the best reasons. Peace on earth, and good will to all. Tangnefedd yr wyl i chi, Deian.

UCW Ladies.

*Hello all, Here I am once more. This will be the last time I will be writing as the UCW president. As of the first of the year Myfanwy Bajaj and Annette Evans will be co-chairing the presidency. I give them my best wishes and hope that they have a good and happy two years, as I have had, thanks to all the support that I have received. We have once more had an extremely successful bazaar. Thanks to the hard work of everyone who participated with setting up, working at and purchasing, we were able to take in over \$2.600.00. **My sincere thanks to everyone.***

We also experienced a wonderful Advent service. I realize that we have been constantly asking for money, and help lately, and you did not fail to assist us. For this a mere thank you just is not enough. I can only say that we did it for the sake of our beloved Church, Dewi Sant.

We held two raffles in conjunction with the Bazaar this year. The first being the Welsh Dragon Fleece. This was won by Trudie Prouse of Oxford England.

The second raffle was for four items. The first ticket drawn choosing first. This was Megan Morris and she chose the Harp Clock. The next ticket drawn was May and Albert Hale and May chose the Christmas Tablecloth/Tree Skirt/Doilies. After this Betty Cullingworth's ticket was drawn and Betty chose the Decadent Apron Set. Finally Lorna Hobbs' ticket and Lorna received the Christmas Angel. I want to thank everyone who participated and congratulate the winners.

When I took over this position, just over two years ago I thought that two plus years seemed a long time. I can only say now, that it seems to have flown by, and I have enjoyed every moment of it. It is with a little sorrow that I now hand over the reigns. Thank you all for making that time so enjoyable. Myfanwy, Annette, I hope I can be as helpful to you as everyone has been to me.

God Bless.

Joy Bailey.

Thank you to my mother Nan Smith and my sister Wendy van der Voort for donating so generously to the tearoom at our recent bazaar. As most of you are aware my mother is now unable to play any sort of active part in any of our functions, but is always eager to help. She was thrilled when we told her that she had donated toward the food.

She may not be able to remember everyone at Dewi Sant, but she does remember the Church and is always saying she wants to attend.

She wishes everyone a merry Christmas and a very Happy New Year.

Joy Bailey.

Dear God. You sent us a baby brother, but what I asked for was a puppy! I have never asked for anything before. You can look it up. Joyce.

. Dear Mr. God, I wish you would not make it so easy for people to come apart. I had to have 3 stitches and a shot. Janet.

A Heart Felt Thank You.

I would like to thank everyone involved with this year's Church Bazaar. Everyone's hard work and enthusiasm contributed to its outstanding success; the best ever.

Special thanks go to Wendy van der Voort who planned and organized the delicious lunch.

Also my sincere thanks goes to everyone that donated money to help with expenses, for the many receptions at Dewi Sant throughout the year.

Last but not least, a huge thank you to Catherine Otley and Rita Hoffman. I sincerely appreciate your help at these functions, ladies.

We have something very special here at Dewi Sant. Please continue to support the UCW in our work here at the church. It is fun and very rewarding.

Wishing you peace and happiness for the coming year.

Lorna Hobbs. Bazaar Convenor.

Kitchen Corner-----Cornel Fach Y Gegin

Since Christmas is close at hand many thoughts turn to food as well as other things. This month I have had a "food basket" at my door. There is a variety of goodies here for you to enjoy.

The first comes from **Lorna Hobbs.**

Many recipes of Bara Brith are around as the article on the subject mentioned in Y Gadwyn a couple of years ago. This particular one is dear to the hearts of many in Dewi Sant.---Lorna writes—"This was a Betty Woodey recipe which she shared with everyone. Megan Morris tells me that Betty got it from the late Ray Soning, who hosted "Calling All Britons," for many years on the radio here in Toronto.

Boil together for 3 minutes-----1 cup water: 4 oz. margarine or butter: 1 cup of sugar: 2 cups of fruit- currents or sultanas. **Allow mixture to cool.**

Mix together -----2 cups of Self Raising flour(Brodie.) : 1 teaspoon mixed spice: 1 teaspoon Baking Powder: 1 egg.

Add to the boiled mixture and mix well. Pour into a lined greased 9x5 pan. Bake at 350 degrees F for 1 ¼ Allow to cool. When cool remove from the pan and wrap well. This will keep for 7 days in the refrigerator.

Poten Dato.

Poten dato was baked regularly in the counties of Cardiganshire and Pembrokeshire where potatoes were plentiful in the autumn. Prepared in *large quantities* it would be baked in the brick wall-oven. This oven would be heated at least once a week for baking bread and as the bricks retained some heat for several hours it was generally the custom to bake cakes and puddings in this 'after heat' overnight.

Source: Welsh Fare by S Minwel Tibbott (1991). Minwel worked for St Fagan's Folklife Museum and spent most of her life researching traditional Welsh recipes. She was considered the real authority on old Welsh cooking.

Poten Dato - Potato Cake (literally Pudding Potato but Tato (Mut) from Pato is slang)

potatoes, boiled in salt water milk: one egg, well beaten sugar: currants: plain flour: spice: water: a little salt

Drain the potatoes and put in a large bowl. Add a few lumps of butter and mash thoroughly. Proceed to add the other dry ingredients (quantities vary according to personal taste) and mix with the beaten egg and a little milk to give a fairly soft consistency.

Put the mixture into a greased shallow tin and bake in a moderately hot oven.



This recipe will give you some indication of quantities, times and temperatures!

TEISEN DATWS - POTATO CAKES

Potato cakes were very popular in North Wales during the 19th century.

1 lb. cold cooked potatoes: 3 tablespoonfuls flour: 2 tablespoonfuls brown sugar:

1 teaspoonful baking-powder: ¼ teaspoonful cinnamon: Milk to mix to a fairly stiff consistency

Put mixture into a greased tin, and put in a fairly hot oven to start with, then lower the temperature, and leave the cake to bake for two hours.

The cake can be eaten hot or cold, sliced and buttered.

Oven Control~ Mark 7(425F/210C), then after 20 minutes down to Mark 4 (350F/180C).

Source: Croeso Cymru – First recipe book published in Wales in the 20th Century (1953)

Nadolig Llawen A Blwyddyn Newydd Dda! Ken Thorne; KenThorne1@aol.com Cooking Editor of Y Ninnau / Drych.

Two salads for the Christmas season.

Mixed greens (I used regular and red leaf lettuce mixed with small spinach leaves)

Seeds of one pomegranate

1 package of macadamia nuts (chopped into small pieces) I found the nuts in the baking section in small packages.

Shavings of Parmesan cheese.

Dressing: ¼ cup of mayonnaise: ¼ cup of grated parmesan cheese: 3 tbsp lemon juice: 1 tsp+ chopped garlic:

1 tsp Worcestershire sauce: 1 tsp Dijon mustard: 2 anchovy fillets (minced): Salt and pepper to taste: ½ cup of olive oil.

Blend together the first eight ingredients. Slowly add the oil through the top of the blender.

Add the dressing to the lettuce leaves and the other three ingredients in layers. Mix all sure to leave some pomegranate seeds on the top for extra colour.

Pear Salad with Basil and Pecorino Cheese

3 ripe pears (Bartletts): 2 tablespoons: balsamic vinegar: 1 teaspoon honey: 3 tablespoons olive oil:

¼ tsp. coarsely ground pepper: ½ cup loosely packed Pecorino Romano shavings

¼ c. fresh basil leaves, torn into small pieces

Method

Peel and core pears. Cut each into 8 wedges. Mix the vinegar with honey.

Add pears and toss to coat. Arrange pears on serving platter and drizzle with olive oil.

Sprinkle with black pepper, the cheese shavings and basil.

For a festive Christmas touch add dried cranberries to the finished salad

Enjoy, Betty Cullingworth.

Lunch Bunch

What a great boost to the Christmas spirits! The Lunch Bunch on Tuesday December 7th was such an occasion. The organization of the program and lunch was undertaken by Jean Thompson and her able helpers. Dr. Murray Black accompanied our Christmas songs. The entertainment was amazing and often laughable. Two soloists, namely Jeanette Roberts Newman and Hilda Anderson gave us pleasure with their songs. Vaughan Lewis gave an amusing reading a la Stanley Holloway. Twelve brave volunteers acted and sang out the Twelve Days of Christmas. Our Minister Deian, became a magician enthralling us with his tricks. He showed that he could read our minds!! (scary thought!)

The Holly Berries (Jean and helpers) ended the program in costume with more Christmas songs. The fine contribution of small gifts pleased the organizers as no doubt they will please the recipients at a woman's shelter. The enjoyable chicken lunch rounded out the morning of fun and fellowship.

Olwen Dunets

Mission and Service

As we come to the end of the calendar year, we are glad to report that we have already reached our goal for contributions to the Dewi Sant M&S fund. This has been achieved thanks to your generous donations through regular envelope collections, as well as the special fund raising events sponsored by the M&S Committee. This money is used by the United Church to support needy individuals and communities in Canada and around the world, and there is no limit to the need. At this time of year we sell Canadian Church Calendars, and make a special collection of 'White Gifts'. This year we are collecting 'White Gifts' for the Food Bank at Lansing United Church, Willowdale, non-perishable food items or cash donations were collected on Sunday December 5th. These donations are ALWAYS WELCOME and can be left in the basket in the Narthex of the Church. Thanks to Catherine Otley who delivers our donations to the Food Bank.

The Tradition of 'White Gift Sunday'

In a small town in Ohio, a Minister's two daughters were quarrelling over the toys they had received in the gift exchange at their Church Christmas party. Their parents commented on how some of the children were from poor families and could not afford to buy expensive gifts. They had heard how a King had solved a similar problem by instructing his subjects to send their gifts to him all wrapped in plain white paper. This, in a small Methodist Church in Ohio in 1904, started the tradition of taking gifts wrapped in white paper to church for dedication, and then distributing the gifts to needy families in the community, or to a shelter for the homeless, thereby spreading the Christmas message of "good news of great joy!!" The custom has now spread to Anglican, Presbyterian, Baptist and United Churches, in the USA and Canada, and Wales

Submitted by Nest Pritchard.

St. David's Day Banquet, 2005.

Those who attended last year's St. David's Day banquet at the Liberty Grand in Toronto would attest to its extraordinary success. At that inaugural banquet, organized and sponsored by members of the Welsh Development Agency and the Welsh Chamber of Commerce, more than 250 members of the Greater Toronto Welsh community came together to celebrate the life of our patron saint. It was a resounding success, culminating in a concert given by the Toronto Welsh Male Voice choir.

Preparations are well underway for the second annual banquet, which will be held at The Sheraton Hotel, Toronto on Saturday, March 5, 2005. The organizing committee, under the leadership of Ron Moses, announces that once again the event will be sponsored by the Welsh Development Agency as well as members of the local Welsh community. The cost of each ticket is \$100.

The program for 2005 is even more ambitious than last year's. Two local Welsh choirs, the Burlington Welsh Male Voice choir and the Toronto Welsh Male Voice choir, will combine for the first time. How appropriate that this should happen for St. David's Day.

Last year's chairman, Martin Rees, and the energy behind the first banquet, informed us that Lord Roger Roberts of Llandudno will be our guest speaker. What a joy for the Greater Toronto Welsh to welcome him back to our city.

This gathering of exiled Welshmen and women will be the largest outside of the United Kingdom. Why not join us at our celebrations. Dewch i ddathlu gwyl ein nawdd sant gyda Cymry Toronto a r cylch.

For more information and to reserve your ticket, call Ron Moses at 519 824 3364

Hefina Phillips

Dear God, please put something between Christmas and Easter. There is nothing good in there. Love Amanda.

Letters to The Editor.

Llythyron i'r Golygydd.

Greetings to my new friends at Dewi Sant.

Before I arrived in Toronto on Thursday 2nd December everyone were names only heard in conversation with my son, Deian and my daughter in law, Annette. Then when I met you in person I knew without any hesitation that I was amongst true Christian friends. When I joined in the two Sunday worship services I was really blessed to be accepted into an atmosphere of love found in the family of the Church. My time here over the past two weeks has been a time of joy and enjoyment, seeing new places and meeting people who will forever be near and dear to me. There is no doubt that when I return to Wales I will know that Deian and Annette will remain far away in Toronto but safe in good hands and amongst a close-knit group of true Christians with whom I have been impressed by their co-operation and care, to the glory of God.

Diolch yn fawr iawn am y croeso bendigedig a dderbyniais yn Toronto gan hen gyfeillion a chyfoedion ac hefyd gan rai y byddaf yn eu hystyried fel ffrindiau newydd a gwerthfawr. Rwyf yn gwybod fod Deian ac Annette mewn dwylo da tra bo rhai mor garedig yn eu hanwylo a'u gwarchod.

Irfon.

My family and I appreciate receiving Y Gadwyn and enjoy reading about your congregation. We have come to know quite a few by attending the Ontario Gymanfa Ganu but for the past couple of years we haven't been up to the trip but we made it to Buffalo for the National. Great to see you all. I want to take this opportunity to wish each and all a Merry Christmas and a happy healthy prosperous New Year. *Iris Rees (Warton, West Virginia)*

It was in June 1991 that the Rev. Cerwyn Davies married my wife and I. We were so impressed by the warmth and friendliness of Cerwyn, that my wife Ruth suggested that we attend your church. We attended faithfully for seven years. We then moved away and during this period Ruth showed signs of an impending illness and was eventually diagnosed with Alzheimer's disease. Her disease kept getting steadily worse and as a result, she has been confined to a nursing home for the past 3 years. I visit her every day and help her through supper time.

Thank you so much for so faithfully sending me Y Gadwyn every month. It is nice to read about the growth of the church.

Bob Somers. (A Precis).

Thank you for mailing Y Gadwyn to us. We enjoy receiving it. Seasons Greeting to all. Gerwyn and Sally Jones .Summerside. PEI.

Whoever came up with this must have had some Divine Guidance.

**Although things are not perfect
Because of trial and pain
Continue in thanksgiving
Do not begin to blame
Even when times are hard
Fierce winds are bound to blow
God is forever able
Hold on to what you know
Imagine life without His love
Joy would cease to be**

**Keep thanking Him for all the things
 Love imparts to thee
 Move out of "Camp Complaining"
 No weapon that is known
 On earth can yield the power
 Praise can do alone
 Quit looking at the future
 Redeem the time at hand
 Start every day with worship
 To "thank" is a command
 Until we see Him coming
 Victorious in the sky
 We'll run the race with gratitude
 Xalting God most high
 Yes, there'll be good times and yes some will be bad, but...
 Zion waits in glory...where none are ever sad!**

Submitted By Pamela Evans

Welsh Quiz.-----Something to puzzle over after a great Christmas dinner.

- 1] What were taken from the Preseli mountains in West Wales to the Salisbury Plain in Wiltshire?
- 2] Which Hollywood actor was born Reginald Truskett-Jones ?
- 3] In which film does a soldier observe that the chanting enemy has "a good bass section but no top notes"?
- 4] What letter may appear on the car of a Welsh learner driver?
- 5] Who said, after doing what, in New York 1937 : "Hello Tonypandy, I did my best"?
- 6] This architect and landscaper, born in Cardigan, designed Buckingham Palace, London's Regent Street and the Brighton Pavilion. Who was he?
- 7] According to a 19th century rhyme there are seven wonders in Wales. Can you name two of them?
- 8] Before Princess Diana, who was the previous Princess of Wales?

(Answers next month.)

Submitted by Francis Silburn.

A Look Into The Past !!

Have you ever wondered about your family tree? Vaughan Lewis and myself, (Myfanwy) have started looking into our ancestry and have found it fascinating. We have found things that we were totally unaware of. There are several avenues to take in the search and we wondered if any of the readers would like to join us in our search. (A search committee with a new meaning for us at Dewi Sant!) You never know, you might go back to royalty, or in my case to some of the very well known pirates around the Pembrokeshire coast! So far I have "dug up" a few humble farmers in North Pembrokeshire in a district that was a total surprise to me !!!

Let me know by phone or e-mail and maybe we can get a real search for the ancestry of some of Y Gadwyn readers and members of Dewi Sant and create a booklet ----or something. Got any good ideas? Myfanwy.

In Memoriam

Our deepest sympathy to the family and friends of Urena Gwendoline Trodd who passed away on November 21st.

We also wish to send condolences to the family and friends of Elizabeth Wagman, who died on November 24th.

Gadwyn Donors.

Laverne Horner: Gwen Evans: Mr. & Mrs. Tom Braund: Albert & Doreeta Lusk: Joyce Sanderson: Bob & Helene Maxwell: Stephanie & Alex Dellow: Eirys & George Brobyn: Dr. John Jenkins (California): Edward Morgan (Swansea): Dorothy Wilson: Helen Taylor: Brenda Jones: John Watcyn & Loes Williams (Quebec): Robert & Olwen Whiffin: Gaynor Low: Ann McConnell: Gerwyn & Sally Jones (PEI): Frances and Lyndon James: Dr. Peter Thomas: Mavis Gracey: Irene & Ed Field: Amy & Percy Jordan: Glenys Huws: Eurwen & Trevor Jones: Haulwen Edwards: Mr. & Mrs. Bill Hall: and to Phyllis Mcleod (for a very substantial amount).

Your donations are greatly appreciated as they relieve the church coffers of one additional expense. *M.*

New E Mail address.

Mainwen Edwards. " To all my e mail buddies—mainwen@sprint.ca

One Nation Under God

A college professor, an avowed Atheist, was teaching his class. He shocked several of his students when he flatly stated he was going to prove there is no God. Addressing the ceiling he shouted:

"God, if you are real, then I want you to knock me off this platform. I'll give you 15 minutes!"

The lecture room fell silent. You could have heard a pin fall. Ten minutes went by. Again he taunted God, saying: "Here I am, God. I'm still waiting."

His count down got down to the last couple of minutes when a Marine just released from active duty and newly registered in the class walked up to the professor, hit him full force in the face, and sent him ass-over-tea-kettle from his lofty platform.

The professor was out cold! At first the students were shocked and babbled in confusion. The young Marine took a seat in the front row and sat silent.

The class fell silent..... waiting.

Eventually, the professor came to, shaken. He looked at the young Marine in the front row. When the professor regained his senses and could speak, he asked: " One Nation Under What's the matter with you? Why did you do that?"

"God was busy. He sent me." God .

Welsh Christmas Traditions.

As in many countries throughout the world, Christmas and its celebrations are a favourite time of year in Wales, and there are many traditions connected with it. Before Christmas the tradition was to decorate the homes with fresh mistletoe, and holly. Mistletoe to protect the home from evil and holly as a symbol of eternal life.

Y Nadolig (Christmas.) The custom in many parts of Wales was to attend a very early church service known as "Plygain" (daybreak) between 3 am. and 6 am. Men gathered in rural churches to sing, mainly unaccompanied, three or four part harmony carols in a service that went on for three hours or so. The custom managed to survive in many country areas, and because of its simplicity and beauty is being revived in many areas. After the service a day of feasting and drinking would begin.

Gwyl San Steffan (St. Stephens day; Boxing Day-December 26th). The day after Christmas was celebrated in a way unique to Wales and it included the tradition of "holly-beating" or "holming." Young men and boys would beat the unprotected arms of young females with holly branches until they bled. In some areas the legs were beaten. In others it was the custom for the last person to get out of bed in the morning to be beaten with sprigs of holly. The custom died out at the end of the 19th. Century (luckily for the young girls and those who like to lie in!)

In Wales the custom of letting the New Year in was slightly different to others, in that if the first visitor in the New year was a woman and the male householder opened the door, that it was very bad luck. If the first man to cross the threshold in the New Year was a red headed man, That was also bad luck.

Some other Welsh customs associated with the New year were existing debts were to be paid back. Never lend anything to anyone on New Year's day else you would have bad luck, and the behaviour of individuals on this day was an indication of how they would behave for the rest of the year!

Pre Christian custom associated with the end of the Christmas season, formerly carried out in all parts of Wales but now almost disappeared is that of Mari Lwyd. It can however still be seen at Llangynwyd near Maesteg every New Year's day.

A horse's skull with false ears and eyes attached, along with reins and bells, covered with a white sheet and colourfully decorated with ribbons, is carried around on a pole. The Mari Lwyd is carried from door to door and is accompanied by a party of people. At each door, poems are recited in welsh. Those inside reply also in verse refusing to let the mari Lwyd in until the battle of verse and insults (pwnco) is won.

The Mari Lwyd parties gained a bad reputation for drunkenness and unacceptable behaviour and vandalism as they roamed the villages. This was unacceptable in Wales especially with the rise of the Chapel and Methodism in Wales and so the custom was changed. Christmas carols were sung at the doors and the battle of insults and verse disappeared. In some areas of Welsh language gave way to English. By the 1960's the custom of the mari lwyd had almost died out.

This ancient custom is being revived in many areas where it had formerly been, as in Llangynwyd near Maesteg. It is also revived by students at the University of Wales through the streets of Aberystwyth.

The most popular New Year's custom was one carried out throughout Wales : the "Calennig" (small Gift). The custom graduated from groups of young boys going from door splashing folks with well water, to that of singing a carol for a few pennies or a Welsh cake and a glass of milk. .M

Don't mess with Kids

A little girl was talking to her teacher about whales. The teacher: said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl: stated that Jonah was swallowed by a whale. Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl: said, "When I get to heaven I will ask Jonah". The teacher: asked, "What if Jonah went to hell?" The little girl replied, "Then you ask him".

A teacher was giving a lesson on the circulation of the blood. Trying to make the matter clearer, she said, "Now, class, if I stood on my head, the blood, as you know, would run into it, and I would turn red in the face.." "Yes," the class said. "Then why is it that while I am standing upright in the ordinary position the blood doesn't run into my feet?" A little fellow shouted, "**Cause your feet ain't empty!**"

Dear God, I bet it's very hard for you to love all of everybody in the whole world. There are only 4 people in our family and I can never do it. Nancy.

Dear God, I like the story about Noah the best of all of them. You really made up some good ones. I like walking on water, too. Glenn

WALES IN CANADA - VISION TV Programs

The long awaited TV programs on VISION TV are now scheduled. So mark your calendars for three 1/2 hour segments from 6:30 to 7:00pm on Feb. 5th, 12th and 19th. These programs will be part of the Mosaic Series on Saturday evenings. Thanks.

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We owe Meriel a vote of thanks for all the dedication and countless hours that she spent on this project. Thank you Meriel—it is appreciated.

Services at Dewi Sant are at 11 am every Sunday morning and the Welsh language service is held at 7 pm on the first Sunday of every month. On Sunday January 2, 2005 Communion will be served.

The children will be putting on the CHRISTINGLE SERVICE on Sunday, January 30th at 11.00 am

Please get your tickets (\$15 per person) for the annual UCW 12th Night Dinner from Trish Stevenson 905 884 2603 and Betty Stroud 416 465 1814. Please hurry as time is short and tickets have to be ordered ahead of time. Date Saturday 8th January at 6.30

Please continue to support Y Gadwyn with articles etc. They are NEEDED. Blwyddyn Newydd Dda i chi gyd. A Happy Healthy New Year to all. Myfanwy. Myfanwy@rogers.com 905 737 4399.